

Mission Statement

“A positive experience for every player”

The CRHC is a parent run club whose purpose is to foster the development of the skills and character of each player in the program through a well-organized program of instruction and appropriate competition. After participating in the program, the player will have developed skating, defensive and offensive skills, an appreciation of and ability to function in a team and club atmosphere and, most important, exhibit good sportsmanship and class at all times.

We recognize that competitive opportunities in roller hockey exist at many levels. The needs of true beginners in the sport are well served by the in-house programs that all rinks offer. At the opposite end of the spectrum, there are intense, high caliber programs that do an excellent job of catering to elite players. We realize that no club can be all things to all players. The Cougar Roller Hockey Club aims to provide an experience that continues the development of players who have advanced beyond the level of beginner and in-house programs; provides the instruction and competitive element to challenge our players and provides a solid base for those players who develop even beyond the level our club can support.

Frequently asked questions

How long is the season?

We typically have our tryout at the end of September. Practice begins in early November. The season ends with regional (May-June) or national (June-July) competition.

When are practices held?

Our rink time currently allows us to have each team practice once during the week (one early evening each week) and once on the weekend (early on either Saturday or Sunday).

When are competitions?

Tournaments are held on weekends. Each age group is usually run in one session that may last from 5-8 hours, during which the team will play 3-5 games. While teams may compete anywhere, most of our teams compete at rinks within a one to two hour drive. Occasional trips of up to 4 hours may be necessary to find appropriate competition. While teams can also compete as frequently as they like, most of our teams enter an average of 2 tournaments a month.

What are the fees?

The cost for a full season is currently \$670 plus tournament fees. This includes practice time from November to June, USA Hockey Inline registration and all administrative fees. Tournament fees range from \$40-\$60 depending on the type of tournament and number of players entered.

Do I have to be a great player?

It doesn't hurt! The reality is that many of our players developed their skills in the house leagues at Skater's Choice. Players do need to have mastered basic skating, puck handling and team skills. Our coaching staff is willing and able to help you develop from there.

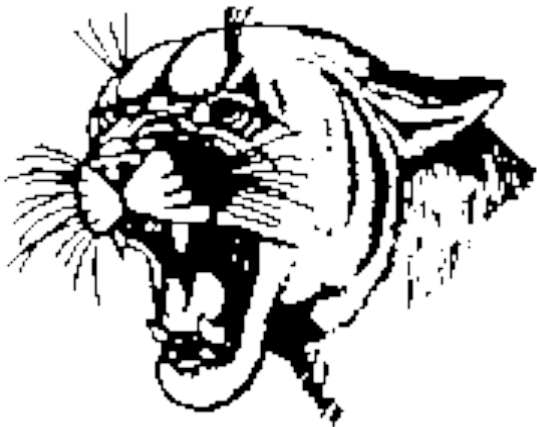
I participate in other activities, can I still play?

Like all team activities, roller hockey relies on teammates developing the ability to work together. Therefore, regular attendance at practice is essential. Our practice times, however, are mostly at times that do not conflict with most other activities. Our weekend competitions, though time consuming, are usually scheduled far enough in advance to allow time to work out conflicts.

Cougars Roller Hockey Club

Contact information
Vince Massimini

Phone: 609.221.6930
Fax: 856.227.2592
Mail: 567 Cambridge Road
Turnersville, NJ 08012
e-mail: cougarsrhc@cougars.com
web: www.cougarsrollerhockey.com



Cougars Roller Hockey Club

**2008-2009 Season tryouts
October 25 & 26, 2008**

10U Sat. 10/25/08 7-8:30AM
12U Sat. 10/25/08 8:30-10AM
16U Sun. 10/26/08 7-8:30 AM
14U Sun. 10/26/08 8:30-10AM
(Age determined as of 12-31-08)

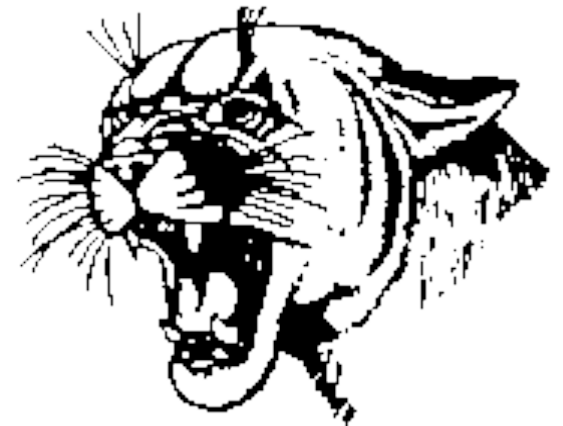
**\$10 tryout fee required
for rink time**

All players need the following
equipment:

- HECC approved helmet with full
face protection
- mouth guard
- elbow pads
- protective cup
- shin pads
- approved inline skates

To register in advance, visit
www.cougarsrollerhockey.com
or call 609-221-6930 or e-mail us at
cougarsrhc@cougars.com or mail in
your registration form at the address
above.

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